



# ATHLETE INFORMATION GUIDE

---

All necessary information and maps are contained in this manual. It is your responsibility to read it.

---

**Disclaimer:** The Athlete Information Guide is accurate as of the distribution date. If any information changes, we will email athletes if time permits. At the very least, changes will be announced on-site before the race starts.

# 2025 Schedule of Events

## Saturday, July 19<sup>th</sup>

9:30-5:00 Package pick-up at Peach City Runners | 214 Main St.,  
Penticton, BC

## Sunday, July 20<sup>th</sup> RACE DAY

5:00-6:40 a.m. Body marking opens | Timing chip pick-up opens |  
Transition opens | Late package pick-up opens

6:45 a.m. Transition area closes to all athletes

6:55 a.m. Athletes must be ready to enter the water

7:00 a.m. Standard – Open, All AquaBike, All Relay Start

7:10 a.m. Standard – Women

7:45 a.m. Sprint start – Open

7:50 a.m. Sprint distance start – Women

8:20 a.m. Try-a-Tri start – Open

8:25 a.m. Try-a-Tri start – Women

9:05 a.m. Swim cut-off for all events (1 hour 10 minutes after final wave  
start for Sprint Race)

10:45 a.m. Post-race food available

10:45 a.m. Beer and wine garden opens – live music begins

11:05 a.m. Bike course closes (3hrs 10mins after last swim Sprint race  
start)

11:10 a.m. Official course closure (4 hours after final wave start)

11:45 a.m. Awards ceremony – All events

# Athlete Check-in

## When?

Saturday, July 19, 9:30 a.m.- 5:00 p.m.

## Where?

[Peach City Runners](#) | 214 Main St., Penticton, BC

**Note:** Main St. is closed to traffic on Saturday from 8:30 a.m. to 1:30 p.m. for the Penticton Downtown Community Market and Farmers' Market. You can find paid parking on side streets and in parking lots.

## What to Bring

You must pick up your own race package and show a valid picture ID and proof of insurance (Triathlon BC, ATA, STAC membership or race day insurance).

**Notes:** We will not accept the \$15 insurance fee at package pick-up. Athletes must pay for this in advance and show proof of payment.

Athletes will pick up their timing chips on race morning.

There is no bike check-in or pre-race briefing on Saturday. All information and maps are available in this Athlete Guide.

## Late Package Pick-up

If you cannot pick up your race package on Saturday, there will be a pick-up site outside of the transition area on race morning for late package pick-ups. However, it is advisable to pick up your race package on Saturday at the designated times in case of any errors or lack of time before the race starts. Also, any last-minute changes will be issued on Saturday at the race package pick-up, and you may miss important instructions for your race. We do not accept responsibility for your lack of attendance and any resulting problems, errors, or omissions.

You must fulfil the same requirements for package pick-up on race day as you would at the regularly scheduled pick-up, including a valid picture ID and

proof of insurance (Triathlon BC, ATA, STAC membership or race day insurance).

## What's in the Race Package?

- Race bib
- Swim cap
- Food and beverage tickets (attached to race bib)
- Race number bike and helmet stickers

# Race Morning Procedure

## Rotary Park

Rotary Park is located between the iconic Penticton Peach and the Penticton Lakeside Resort.

This is a mixed residential and commercial area with limited parking. Please allow enough time to find parking or arrange to be dropped off near transition.

## Parking

Race day parking will be available approximately 1-2 blocks from transition on Ellis St., Main St., Martin St., and Winnipeg St. south of Westminster Ave.

Public parking lots are FREE on Sundays and holidays in Penticton. There is one behind each of the 200, 300 and 400 blocks of Main St. on the east side. There is also a public lot on Martin St. behind City Hall which is free on Sundays. **Please read the signs. Do not park in reserved spaces. DO NOT park on Lakeshore Dr., as it will be closed, and your vehicle will be towed.**

## Transition Area Access

The transition area will **open at 5:00 a.m.** and **close at 6:45 am** to ensure all athletes are down at the swim start.

**Note:** Try-a-Tri athletes will have approximately 1-1.5 hours prior to start of swim with **no access** to transition. Please be prepared with warm clothing and nutrition/snacks. A designated meeting

place will be established and race staff will be present to answer last-minute questions and cheer on other athletes as they enter & exit the swim course!

To enter transition, athletes must first:

- Get body marked
- Pick up timing chip

If an athlete arrives without these items, they will not be allowed into the transition area. Body marking and timing chip stations will be open until 6:40 a.m.

No friends or family are permitted in the transition area before or during the race.

Bikes and helmets must have the race numbers affixed to enter the transition area.

Bike racks are assigned by number and event. When you arrive at your bike rack, please rack your bike by the seat on the correct side. One side is for even-numbered athletes, and the other is for odd-numbered athletes.

Please arrive early enough to set up your gear and familiarize yourself with the transition area. Do not bring oversized bags or large containers; each athlete has limited space to lay out their race gear at their bike slot. As per TriBC rules, your gear must not extend beyond the front wheel of the bike and no more than 0.5m to the side of your bike.

There is no mandatory bike inspection before the race. Mechanics will be on-site to help with minor repairs or adjustments. Do not rely on this service to tune and fix major issues with your bike. Do this before race day at a local bike shop.

Please make sure you have water bottles and adequate nutrition on your bike before you arrive in transition. There will be water/hydration provided in transition on race day, but there are no aid stations on the bike course!

## **Spectator Viewing**

Spectators can walk along the Lakeshore Dr. sidewalks to watch athletes as they leave transition and complete the out-and-back bike section along Lakeshore Dr.

You can also walk up Vancouver Hill where you can see cyclists and runners heading in and out on the course. Please do not congest the corner

roundabout on Ellis St. or the intersection of Front St. and Lakeshore Dr. These are high-traffic areas that the run and bike courses follow. Do not follow athletes onto the course for safety reasons.

# **Race Administration**

## **Race Rules**

Triathlon BC sanctions the Peach Classic Triathlon. Each athlete is responsible for knowing and abiding by the rules outlined by World Triathlon and Triathlon BC. Please review the rules here: [Provincial Triathlon Competition Rules](#). Unless specifically addressed in Provincial Triathlon Competition Rules, the [World Triathlon Competition Rules](#) shall affect all the PSO-sanctioned competitions.

Triathlon BC officials will be on-site during the event. If you have any questions about the rules, please ask an official (Black vest) before the start of the event.

## **Race Items**

### **Bib Number**

Your race number will be used to check in at Athlete Check-in. This number and body marking identifies you as an official participant. The race number is required for identification and allows access to the transition area. Please do not dispose of your race number until after you have picked up your bike and race gear from transition! You will not be allowed to remove your bicycle and gear from the transition area following the race without your race number/body marking.

### **Body Marking**

Athletes must get body marked before picking up their timing chip and entering the transition area. Please show the volunteers at Body Marking your race number, and they will mark you according to Triathlon BC rules.

### **Timing Chip**

Athletes must show their body markings to pick up their timing chip before entering the transition area. The timing chip tent will distribute chips until **6:40 a.m.**

Do not trade your chip with another athlete! Each chip is encoded with your specific registration data.

The chip must be affixed to either ankle before the swim start and worn during the entire event. **Ensure the chip is on your skin and is not covered by or on your wet suit.** Your timing chip will not scan under a wetsuit! Athletes are responsible for crossing the timing mat before the swim start and the mats at the end of each segment (swim, bike, run).

Your timing chip must be returned at the end of the event. You will be charged a chip-replacement fee if you do not return your chip.

## Race Numbers

There will be **THREE** race numbers that you must display during the event:

- Attach the adhesive **BICYCLE FRAME NUMBER** to your bike with the race number clearly visible from both sides of the bike.
- There are six small adhesive **HELMET NUMBERS**. **You must affix one of these on the FRONT of your bike helmet.** Optionally, you may also affix numbers to either side of your helmet.
- The **RUN NUMBER** must be displayed during the run segment on the **FRONT** of your body. Pin your run number to your shirt or use a race belt.

Athletes will not be permitted to have any other stickers on their bikes or helmets other than the unaltered stickers provided in the athlete's race package. You must remove all stickers from previous events.

Bike frame numbers may not be altered, cut, or trimmed in any way. Doing so will result in **a penalty or disqualification** from Triathlon BC officials. Any bike not properly displaying the bike frame number will be removed from the transition area during the swim.

## Course Cut-off Times

Due to permits, race insurance, and volunteer staffing, all participants must remain on pace to complete the Peach Classic Triathlon **4 hours** after the start of the Standard distance swim. Any athlete crossing the finish line after this time will not have an official time and will not be eligible for age-group ranking and awards. The following cut-off times apply to all events including the Try-a-Tri, Sprint, and the Standard & Aqua Bike events.

### Swim (350 m/750 m/1500 m)

The swim course will close 1 hour 10 minutes after the final wave start of the Standard distance. Any athlete still in transition after 1 hour 15 minutes from the final wave start will not be permitted to start the bike.

### **Bike (10 km/20 km/40 km)**

The bike course will close **3 hours and 10 minutes** after the final wave start of the Standard distance swim.

### **Run (2.75 km/5 km/10 km)**

The run course will close **4 hours** after the final wave start of the Standard distance swim.

**Additionally:** You will be unable to continue onto the run course if either of the following conditions exists:

- Race staff or officials deem you in no condition to continue.
- Race staff or officials deem you too far behind the next-to-last athlete and unable to complete the course within the overall cut-off time.

## **Dropping Out**

Please notify a race official and return your timing chip to the official if you drop out of the race. Please do not cross the timing mat at the finish.

## **Medical Care**

There will be a medical tent in transition. If you require medical assistance on the course, please let race staff or a volunteer know, and they'll do their best to call for medical care. Major medical issues may require transportation to the hospital at the athlete's expense.

## **Unsportsmanlike Conduct**

Unsportsmanlike conduct or the verbal abuse of any race official or volunteer during the race or at any time during the event weekend will result in immediate disqualification and report to the World Triathlon Tribunal for possible suspension. Athletes need to respect race officials, race volunteers, and race staff to be welcome to race at the Peach Classic Triathlon in the future.

## **Timing & Results**

[Sportstats](#) posts official results online in real-time before the awards presentation. Please check to ensure the accuracy of your results (time and age group). Report any discrepancy to race staff before the start of the awards presentation. Any differences not brought to the attention of the



timers before the final results are processed for the awards will not be adjusted after and will stand as official.

Athletes who do not wear the timing chip during the entire event will not receive a time or rank. Please note that the clock at the finish line reflects the start time of the first swim wave. This is different from the official time recorded by your timing chip.

## Award Categories

Awards for the Try-a-Tri, Sprint, Standard and Aqua Bike events will be given three deep for both men, women, and non-binary in age groups as follows:

14-15 (Try-a-Tri)	16-19 (Try-a-Tri)	16-19 (Sprint)	18-20 (Standard)	20-24	25-29
30-34	35-39	40-44	45-49	50-54	55-59
60-64	65-69	70-74	75-79	80-84	85-89

Top 3 athletes per category will receive Peach Classic Triathlon medals.

Non-binary athletes will receive Peach Classic Triathlon medals for each race, three deep in each of the following categories:

Up to age 39; 40-59; 60 plus.

All finishers will receive Peach Classic Triathlon finisher medals.

## Award Ceremonies

The awards ceremony will take place at Rotary Park. We encourage everyone to stick around and cheer on your fellow competitors!

**11:45 a.m.** Sprint, Standard, Aqua-bike, Relay and Try-a-Tri

\*Award ceremony times are approximate and are dependent upon the following:

- Final finisher in the specific event
- Review of protests
- Review with officials for penalties and disqualifications
- Printing the results

## Post-Race Party @ “T3”

The post-race party will be available in Rotary Park north of the transition area.

Athletes must provide food/drink tickets; volunteers must wear their event shirt. Family, friends, and the public can participate in the rejuvenation offering for a fee once the race has completed.

## Post-Race Equipment Recovery

Security will be in transition until 12:30 p.m. on race day. Remember to keep your race number/body-marking with/on you until you have removed all your gear from transition, including your bike. This is our way of identifying you and ensuring no one else leaves with your bike.

**Standard, Aqua Bike and Sprint** athletes cannot remove bikes from the transition area until all bikes from all events are off the racecourse. **Try-a-Tri** athletes will be set up in an independent area that allows for them to remove their bikes and gear from the transition area through a separate exit. This is a safety and control issue and will be monitored by Triathlon BC officials on site. Once we get the clearance from the officials, you can remove your bike and gear.

## Contingencies

If you withdraw from the Peach Classic Triathlon (the "event"), regardless of the reason, including medical, personal, travel, family, work, or military service, **your entry fee is not refundable.**

The event may be cancelled due to dangerous weather, natural disaster, public health orders and other situations outside the organizers' control. This includes cancellation before the scheduled start date of the event. If cancellation of the event takes place for any of the reasons listed above, **your entry fee is not refundable.**

Should the event be delayed, the event's starting time will be moved back accordingly. The delay will be communicated to all participants in attendance. The event management team, the Triathlon BC Technical Delegate, and local law enforcement have the authority to delay or cancel an event. The race director also reserves the right to modify the course at any time before or during an event by their judgment or if instructed by the above-mentioned authorities. If the event is delayed or the course modified or cancelled by event officials, **your entry fee is not refundable.**

## **Transfer of Entry**

Event entry fees are not transferable to another person or another event. Any purchase or transfer of registration other than through The Peach Classic Triathlon management compromises the sanctioning and insurance of the event through our provincial sanctioning body, Triathlon BC.

Any attempts by an athlete to transfer an entry or right to participate in the event or failure to adhere to this policy and any event regulations, guidelines, and procedures will be viewed by event management and officials as acts of bad faith, and they will initiate such sanctions against the athlete as they in their sole discretion deem appropriate, including but not limited to refusal to allow the athlete to participate in any future Peach Classic Triathlon events.

## **Errors**

Every effort is made to ensure the accuracy of the information found within this Athlete Information Guide and [www.peachclassic.ca](http://www.peachclassic.ca). No warranty, expressed or written, is made regarding the content of this guide or the website. The Penticton Triathlon Club and Peach Classic Triathlon will not be held liable for mistakes, typographical errors, omissions, or other errors which may render some information inaccurate. While we will do our best to update athletes as necessary, the information and policies in this guide and the website are subject to change without notice.

# COURSE INFORMATION AND CONDUCT

**Swim Course: 350 m/750 m/1500 m**



For a complete set of Swim Technical Rules, refer to Section 4, Swimming Conduct of the [PSO Competition Rules](#).

The swim course is a counterclockwise, one-loop course for the Try-a-Tri (350 m), Sprint (750 m), and Standard/Aqua Bike (1500 m) distances. Athletes run directly into transition after exiting the water.

Okanagan Lake can become choppy if the wind picks up; however, it is usually relatively calm. At this time of the year, water temperatures can be quite warm, so there is a higher-than-normal possibility of a non-wetsuit swim. We have designed the course for those concerned with swimming longer distances without a wetsuit. We will obey the temperature readings of the morning by TriBC officials.

## Swim Cap

You will receive your swim cap at package pick-up. This year, the **caps are colour-coded by event/gender**. Do not trade your swim cap with another athlete, as the caps are numbered. We must be able to identify you in the event of an emergency. You must keep your cap on until you pass the timing chute at the swim exit.

**Note:** Event swim caps are silicone. We have a "WHITE CAP"

system in place. If you feel you are a weak swimmer, anxious about the swim, or have a medical condition that puts you at risk during the swim, we will give you a white swim cap which allows us to keep a closer eye on you. We will have white caps available at package pick-up if you feel you will need one.

### **Wetsuits**

According to Triathlon BC rules, athletes may wear wetsuits during the swim if the water temperature on race morning is within the current standard set by the World Triathlon Competition Rules. An official will measure the water temperature and announce a decision one hour before the race start.

**Note:** If you decide to swim with a wetsuit after an official decision of non-wetsuit swim, you will not receive an official time and will not be eligible for awards.

### **Wave Starts**

There will be six mass-start swim waves:

7:00 a.m.      Standard - Open, Relay & AquaBike

7:10 a.m.      Standard - Women

7:45 a.m.      Sprint - Open

7:55 a.m.      Sprint - Women

8:20 a.m.      Try-a-Tri - Open

8:25 a.m.      Try-a-Tri - Women

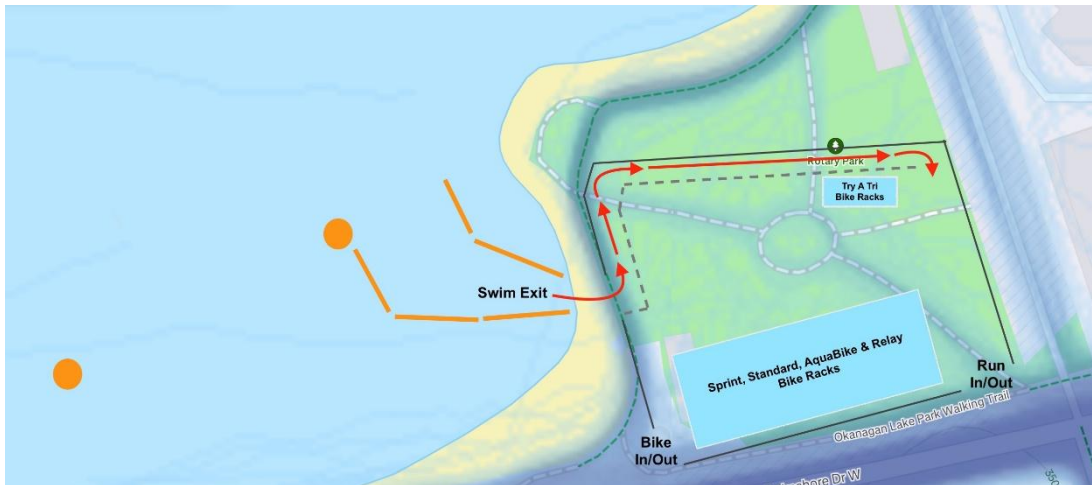
### **Swim Assistance**

Canoeists and kayakers will be present throughout the course. EMTs will be standing by at the swim start/finish area.

### **Cutoff**

The swim course closes 1 hour 10 minutes after the Sprint final wave start.

## Transition



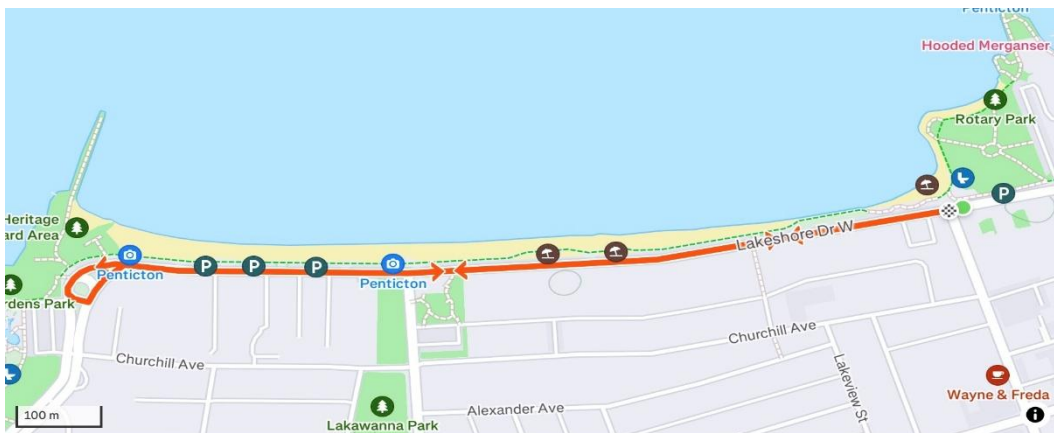
Upon completing the swim, athletes will make their way up a short ramp from the beach area and into transition. All athletes will follow the red arrows across the top of the transition area and then to their bikes.

For complete transition area technical rules, refer to Section 7, Transition Area Conduct of the [PSO Rules](#).

## Bike Course: 10 km/20 km/40 km

### Try-a-Tri Bike Course \*changed for 2025\*

From the transition, athletes will head west along Lakeshore Drive to the roundabout at the S.S. Sicamous, then back along Lakeshore Drive eastward until they come to Winnipeg Ave, where they will turn around a pylon and begin their 2<sup>nd</sup> loop of Lakeshore Dr. Athletes will complete a total of 4 loops for the Try-a-Tri bike segment.



For a complete set of technical rules, refer to Section 5, Cycling Conduct of the [PSO Competition Rules](#).

**Note:** This is not a closed bike course, meaning the course is open to the public. Please be aware of your surroundings and respect traffic and traffic controllers on the course.

### **Sprint, Standard, Relay, & Aqua Bike**



From the transition, athletes will head west along Lakeshore Drive to the roundabout at the S.S. Sicamous, then back along Lakeshore Drive. Athletes will head up Vancouver Hill and do an out-and-back loop at the top of the hill using Middle Bench and Tupper intersections. They will then travel out to Naramata Rd. to the end turnaround points (turnaround points monitored by cameras) for each distance:

#### **Sprint distance:**

The Sprint turnaround is marked at approximately 13 km, located at 1725 Naramata Rd. This turn will be monitored and controlled. The Sprint distance course contains about 210 meters (688 feet) of total climb.

**Standard distance (including Relay and Aqua Bike):**

The Standard distance course continues along Naramata Rd. to North Naramata Rd. (stay to the right) at the Naramata Village intersection. The turnaround is at Sun Rock Lookout (aka Painted Rock). This turn will be monitored and controlled. The Standard distance course contains approximately 432 meters (1,417 feet) of total climb.

**Sprint, Standard, Relay & Aqua Bike:**

After the above turnarounds, head back towards Penticton along Naramata Rd., turn right onto Upper Bench Rd. N. and then left onto Corbishley Ave. Follow Lower Bench Rd. back down Vancouver Hill to transition.

**Note:** The Bike Dismount Line (monitored by Triathlon BC Officials) will be several meters in front of the Bike Course Finish banner. The timing mat is at the bike finish after the dismount line. This will be the "Bike In" time for the Sprint, Standard, Relay and Aqua Bike events.

**Bike Aid Stations**

There are **no** aid stations on the bike course! Please make sure you have water bottles and adequate nutrition on your bike before you arrive on race morning to set up in transition. There will not be any water bottles or fuel provided in transition on race day morning. You are responsible for your own hydration and nutrition on the bike course.

**Please** do not throw away empty bike bottles, garbage, etc., on the course. Please respect the environment!

**Cutoff**

The bike course closes 3 hours and 10 minutes after the Sprint final wave swim start.



## Run Course: 2.75 km/5 km/10 km



For a complete set of Technical Rules, refer to Section 6, Running Conduct of the [PSO Competition Rules](#).

From transition, athletes will head east on Lakeshore Dr. to Okanagan Park, then follow the pathway through the park and behind the Art Gallery. Follow the Marina Way sidewalk to Abbott St. Turn right on Abbott St. (A very steep hill!) to Vancouver Dr. and turn left. Turn left onto Vancouver Place and continue to the cul-de-sac.

### Try-a-Tri

Athletes will turn around at the entrance of the KVR trail at the Vancouver Place cul-de-sac and return to the finish line.

### Sprint distance

Athletes will run 1.12 km on the packed gravel KVR trail to the turnaround. This will be well marked. Return via the same route back to the finish line.

### Standard distance

Athletes will run 3.62 km out on the scenic KVR trail through vineyards and orchards and over the trestle bridge. The turnaround is 300 m past

Davenport Ave. (Abandoned Rail Brewing Co.). Return via the same route back to the finish line.

### **Cutoff**

The run course closes 4 hours after the Standard final wave swim start.

### **Run Course Aid Stations**

There are four aid stations on the run course. Since the course is an out-and-back course, you will pass some of the aid stations twice. Each station will be stocked with water and sports drink.

Try-a-Tri distance aid stations:

- Transition exit
- 1.38 km (KVR trail entrance)

Sprint distance aid stations:

- Transition exit
- 1.38 km (KVR trail entrance)
- 2.5 km (turnaround)
- 3.62 km (KVR trail exit)

Standard distance aid stations:

- Transition exit
- 1.38 km (KVR trail entrance)
- 2.5 km (Sprint course turnaround)
- 4.7 km (Davenport Rd.)
- 5.3 km (Davenport Rd.)
- 7.5 km (Sprint course turnaround)
- 8.62 km (KVR trail exit)